

THE

MUN

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Updates from the Specialized Committees

The Council of the European Union focused on its first two agenda items: re-examining the legitimacy of deporting asylum seekers within the EU to third countries, and safeguarding press freedom by protecting journalists amid increasing threats to media independence across Europe. Delegates then proceeded to lobbying sessions in order to draft applicable resolutions that uphold core European values.

The International Court of Justice examined the application of the International Convention on the Elimination of All Forms of Racial Discrimination, engaging in detailed legal argumentation and deliberation.

Our younger delegates demonstrated remarkable commitment as well. In the Youth Delegate Forum, discussions continued on the impact of online racist hate speech and cyberbullying on victims' mental health, as well as on combating deforestation in the Amazon rainforest. Delegates participated actively in lobbying sessions and productive debates, presenting their national theses on the proposed resolutions.

Updates from the Specialized Committees

The Security Council worked on preventing the weaponization of water and resources against minority communities. After fruitful debates, the delegates voted on resolutions, establishing a holistic solution.

The WHO (World Health Organization) engaged in lobbying efforts focused on ensuring access to healthcare services for refugee camps and detention centers, which led to the formation of two distinct resolutions on which they later voted.

The Human Rights Council emphasized tackling the issue of inequality and discrimination based on sexual orientation and gender identity, especially in the workplace. Resolutions were presented and voted upon, ensuring a pragmatic solution to this social issue.

◆ Chat, what am I feeling ? ◆

Back in the late 19th century, Sigmund Freud introduced psychoanalysis, revolutionizing the understanding of human consciousness and establishing the foundation for modern talk therapy we all know. Today, after more than a century, despite therapy having evolved into a field that sparks curiosity for many and secures safety for even more, a new trend has been gaining profound recognition, especially among the younger generation (Gen Z), namely: the harnessing of AI tools as mental health support.



So, does this arising form of Chat-ting as therapy suggest that an algorithm now has more of a layered understanding of human motives and emotions than humans themselves? What ramifications may erupt, and how can such a seemingly “harmless” trend reform our society?

Firstly, to precisely depict the current situation, we must take a look at some statistics.

A survey by Common Sense Media published in July 2025 found that 75% of American teenagers said they had used A.I. chatbots as companions. Nearly one-eighth had sought “emotional or mental health support” from them, a share that, if scaled to the U.S. population, would equal 5.2 million adolescents. In another recent study by Stanford researchers, almost a quarter of student users of Replika, an A.I. chatbot designed for companionship, reported turning to it for mental health support. However, is the advice given by chatbots as a form of mental assistance trustworthy and reliable enough?

Despite providing temporary comfort and relief, a number of recent incidents have deemed this form of outlet extremely dangerous and debilitating to adolescents’ mental state, as many of them have been encouraged to realize acts of self-harm, isolation, or even proceed to suicide. It is clear that therapy is a deeply human process, which requires trust, empathy, cultural understanding, and the ability to read between the lines. A licensed, trained therapist can pick up on a youth’s behavioral patterns, body language, and shifts in tone. AI cannot.

At first, this kind of “emotional painkiller” may appear rather convenient. It is cheap or at least significantly more accessible than a traditional therapy session, and it is not as mentally challenging as talk therapy, where you are exposed to gentle criticism and threatened by emotional vulnerability. But what if this is exactly what contributes to the success of this therapy form?

◆ Chat, what am I feeling ? ◆

A significant factor in the success of modern talk therapy is physical presence and the therapeutic bond between patient and therapist. Through this dynamic, collaborative process, patients are given the chance to reflect and also examine other perspectives on a certain issue, with the guidance of a licensed therapist, which is something that any chatbot could not offer. AI chatbots adapt their replies so that they align with the user's point of view, which is why such replies are not sincere and can lead to a divided society. Wrongfully empowering someone must be distinguished from supporting someone. Therapy usually requires stepping out of your comfort zone, as speaking up in general does. Which is why the matter complicates a bigger part of society.

This isolation pandemic that leads to the rise of mental health illnesses and misuse of chatbots as mental health support actually dismantles the interdisciplinary relations between us, dividing and isolating us from one another. Humans are fundamentally social creatures and are not meant to live solely alone, so how are we going to maintain this natural state of ours if we erase the one common aspect that distinguishes us from other animals: our advanced cognitive ability, on which we are supposed to elaborate, hence bringing us closer.

To put it in a nutshell, the phenomenon of misusing AI chatbots as a form of therapy is not really about the unaffordability of therapy but the tendency for isolation, projected mainly by the younger generations. Not everyone may have the opportunity to have a licensed therapist at their disposal, however, acknowledging the fact that in most cases there always is a real person to talk to may unveil the real underlying problem, which is the fear of criticism and judgment as well as critical assessment of one's behavior. The truth is that this isolation pandemic might one day dismantle our society as a whole if we do not relearn our communication skills and end up with only one talking partner: ChatGPT.

Jamila Chriouat, Press Team member



What's on your mind today?

◆ Crisis Day ◆



GA1

A human-smuggling crisis is unfolding off Somalia's coast after unmarked boats approached Berbera and then vanished. By the time patrols arrived, the vessels had already dispersed, heightening concerns about growing maritime instability.

EU

Sailors report hearing voices from the sea resembling the cries of asylum seekers who drowned during the 2015 refugee crisis. Authorities claim the sounds come from border-patrol sirens, but activists call it a symbolic "voice of justice." Protests have begun in response.



GA4

The Indigenous peoples of America have proclaimed their independence from the United States and announced their intention to form their own sovereign nation – an Indigenous Republic.

◆ Crisis Day ◆

YDF

On November 23, 2025, early in the morning, New Braunfels High School in Texas, USA became a site of growing crisis as a student-led protest against racist online hate speech and cyberbullying was violently suppressed.



GA3

A seismic crisis has erupted on the world stage as the clandestine hacktivist-vigilante network known as Project EVE publicly released explosive evidence alleging government complicity in human trafficking and systemic labor abuse and spiraling into an international emergency.




GA2

Late yesterday the World Bank made headlines as the day turned into a worldwide disaster. A team of hackers and thieves, posing as maintenance workers, cleaned out the vaults, contaminating the World Bank servers with a virus. All ATMs worldwide showed error messages, and online services refused logins.



Quiz time:

Which Committee suits you the best?



Have you ever wondered which committee you belong to?

Take this quiz and learn now!

Do not forget to note down your answers.

Answer spontaneously for more accurate results.

You will find the results on the top right corner of this page.

Have fun!

1. Which of the following subjects do you like the most?

- A) Maths
- B) History
- C) Biology
- D) Art

2. If you were to describe the current state of your room, which of the following descriptions would be the most accurate?

- A) Total mess
- B) spotless
- C) relatively clean
- D) disorganized

3. Which is your favourite weather?

- A) Foggy, hazy
- B) Sunny, blooming
- C) Rainy, moody
- D) Cold, snowy

4. Which quality describes you better?

- A) Funny, sarcastic
- B) Caring, empathetic
- C) Quiet, overthinking
- D) Confident, determined

5. If you were given the opportunity to travel to one of these countries, which one would you choose?

- A) Tanzania
- B) Republic of Korea
- C) Canada
- D) Spain

6. If you were asked to describe yourself as a musical instrument, which one would you choose?

- A) Saxophone
- B) drums
- C) Bass guitar
- D) Violin

7. Which one of the following 4 issues in today's world irritates you the most?

- A) Child labor
- B) Loss of biodiversity
- C) Inflation
- D) AI replacing humans

8. How would you help a friend who is struggling?

- A) Giving advice
- B) Encourage them
- C) Give them alone time
- D) Listen to them

9. If you had to choose one of these career paths for the rest of your life, which one would you choose?

- A) Lawyer / Diplomat
- B) Scientist / Researcher
- C) Economist / Analyst
- D) Artist / Designer

On the cover of

VOGUE

Is having a boyfriend embarrassing?..



MUN Lookalikes



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